

## YoungDementia UK What could YOU do ?

Here`s our A to Z of fundraising ideas to get you started

- A Run an auction, apple bobbing, art exhibition
- B Barn Dance, BBQ, bring and buy sale, bridge tournament
- C Cake sale, car washing, coffee morning, cycle ride, cricket match
- D Dance competition, dog walking, dress down day, drawing competition
- E Egg decorating competition, expert talk
- F Fancy dress day, fashion show, flower festival, fun run
- G Garden party, golf competition, guided walk
- H Half marathon, hockey match
- I Ice skating, inter – office challenge
- J Jumble sale, sponsored juggling or joke telling
- K Karaoke, keep fit challenge
- L Ladies pampering night, loud shirt or tie day
- M Marathon, mastermind quiz, murder mystery night, sponsored lawn mow
- N Non uniform day
- O Open gardens, olympic challenge
- P Plant sale, lay a penny mile, poker night
- Q Quiz night
- R Raffle, rock `n roll dance, rugby match
- S Scrabble competition, street collections, swimathon, sponsored anything
- T Treasure hunt, tug of war, tombola, talent show
- U Unwanted gift sale, university challenge
- V Variety show
- W Wine tasting, white elephant sale, sponsored walk
- X X – factor competition
- Y Yo – yo competition
- Z Any other zany ideas you might have !

Once you have chosen your event, please contact us for information about how we can help you make your event the success it deserves to be.