Welcome to The Forget-me-nots. We are a group run by and for people with young onset dementia (under 65 years), their carers and family.

The group offers a safe and non-judgemental environment where you can meet to talk, have fun, arrange events, share ideas and talk about issues which are affecting you. The group has been running since July 2013 and is supported by the Alzheimer’s Society Northamptonshire and the University of Northamptonshire.

We welcome all new members and look forward to seeing you at our next meeting.

We meet on the last Tuesday of every month from 4-6pm. Dates for the next 6 months are:

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<th>25th February</th>
<th>25th March</th>
<th>22nd April*</th>
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<td>27th May</td>
<td>24th June</td>
<td>29th July</td>
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Venue: The Windmill Club, Glassbrook Road, Rushden NN10 9TH

*Please note the venue for 22nd April will be Stanwick Lakes

Refreshments will be provided.

Support staff from Alzheimer’s Society will be available. If you have any queries or would like further information or have difficulty with transport, please contact Ilze Sinfield on 07545 701263 or email: Ilze.Sinfield@alzheimers.org.uk

The Forget-me-nots

If you would like to attend please let us know using this reply slip or you can just attend on the day.

Name: ____________________________ Name (Carer): ____________________________

Dates attending (please circle): 25th February 25th March
                                               29th April 27th May
                                               24th June 29th July

Email address: ____________________________

Telephone Number: ____________________________

Please email your reply slip back to: Ilze.Sinfield@alzheimers.org.uk or post to Ilze Sinfield,
Dementia Support Manager, Alzheimer’s Society, The Old Mill, Blisworth Hill Farm, Stoke Road,
Blisworth, Northants NN7 3DB