Staying in the family home – making live-in care work for people with young onset dementia

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The Good Care Group
Staying at home

• What were people with young onset dementia saying about services
• Why we needed to deliver a different service
• Providing a service that people are asking for
• Working with families
• Supporting our care teams
What were people with young dementia saying about services

- Medical
- Social
- Emotional/psychological
- Career
- Financial
- Children and family
- Relationships
Why we needed to deliver a different service

• Most families seeking care are already facing crisis
• The diagnostic process can be long and protracted
• Symptoms can be difficult to understand and manage
• The impact is on whole family and is not to be underestimated
• Pathways and ways of working do not take account of individual needs if too fixed
• Challenges faced by lone working live-in carers are heightened by emotionally charged environment
Providing a service that people are asking for

<table>
<thead>
<tr>
<th>Medical</th>
<th>Social</th>
<th>Career</th>
<th>Financial</th>
<th>Family</th>
<th>Emotional</th>
<th>Relationships</th>
</tr>
</thead>
<tbody>
<tr>
<td>Closer monitoring of health outcomes</td>
<td>Maintaining contact with outside world</td>
<td>Supporting maintaining careers and coming to terms with early retirement</td>
<td>Commensurate with care home fees</td>
<td>Enabled person to stay at home with children and community relationships</td>
<td>Live in model conducive to person centred care – no institutional routines</td>
<td>Maintaining intimacy and privacy with spouse</td>
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<tr>
<td>Identification and treatment of infection</td>
<td>e.g. Yoga classes every week</td>
<td>Supporting projects and productivity</td>
<td>Support with navigating the funding system</td>
<td>Celebrating important birthdays and family events</td>
<td>Behavioural issues better understood and managed psycho-socially</td>
<td>Acknowledge Significant others and put respect for relationships at the heart of care plans</td>
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In partnership with

[Admiral Nurses UK logo]
Working with families
Working with families: Admiral Nursing

- Meeting the persons with dementia and their family
- Discussing what everyone needs balanced with what they would like
- Working with the family to:
  - Support and understanding of the diagnosis
  - Emotional and practical support for them
  - Allowing them to say ‘no’ in a safe space
  - Introducing help and support at home
Supporting the person with dementia

Reduction in behavioural issues

Antipsychotic usage

In partnership with AdmiralNurses - Helping families face dementia
Supporting our care teams

• Robust recruitment process that includes psychometric testing to enable profile matching
• Induction and ongoing e-learning to level of national standards
• Regular updates and specialist training
• Carer pay banding and career structure
• Service is fully managed with 24/7 support to care teams
• Robust supervision and appraisal for all employees
Supporting our care teams
Admiral Nursing

• Monthly supervision of Regional and Care Managers
• Over view of care plans and care notes
• Support at MDT meeting and reviews
• Liaison with health and social care colleagues
• Home visits
• Support telephone calls/emails.

In partnership with
Future development

• Funding
• Practicalities of staying at home
• Need for early intervention, diagnosis and setting up care and support before crisis hits
• Recognising the special skill set of professional carers working with people with young onset dementia
• Collaborative working with services that care for people with young onset dementia
• Extend the Admiral Nursing team.
The Good Care Group

- Established Independent Live-in care provider in England and Scotland since 2009
- Specialist in care of conditions – dementia, Stroke, Parkinson’s and palliative care
- Fully managed service – regional teams with dedicated local care managers
- Invests in professional development of carers
  - Industry leading retention rates of carers
  - Employs over 550 carers – not an agency model
- Providers of award-winning, high quality home care services
- Regulated by CQC (England) and the Scottish Care Inspectorate (Scotland) and fully compliant
Questions
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