YoungDementia UK is the only national charity dedicated to supporting people whose lives are affected by young onset dementia.

Our goal is to reach out to every person living with young onset in the UK. We share news, information and inspiring stories via our website and social media pages, regular newsletters, events and lead the Young Dementia Network.

We also provide personalised support and peer support groups for individuals and their family members in Oxfordshire.

**Young onset dementia**

- Dementia is termed ‘young onset’ when it affects people before the age of 65.
- There are over 40,000 people estimated to be living with young onset in the UK.
- Dementia in a younger person can be difficult to diagnose; a diagnosis may take time.
- Problems with language, vision, behaviour or personality may be the first symptoms, rather than memory issues.
- Rarer or genetically inherited forms of dementia are more common.
- People are likely to still be working, have financial responsibilities, be physically active and have children or parents to care for.
- The impact is felt by the whole family.
Every year we fundraise for more than half of our income and depend on voluntary contributions to keep our support going. With your help we can reach out to more people.

For information about how you can help us, visit our website or contact fundraising@youngdementiauk.org

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