

Young onset dementia media round-up February 2016

In the UK news / press

Good Housekeeping – [My husband developed dementia at 45](#) – YDUK founder Helen Beaumont shares 10 things she learnt from her experience of husband Clive's dementia

The Telegraph – [One family's fight against ignorance](#) – Janet was diagnosed with young onset Alzheimer's aged 60. Her 36 year old daughter describes the impact it has had on their family.

The Guardian – [Can you tell that Paul, 58, has dementia?](#) – Article about Paul and Elaine Eager. Former policeman Paul was diagnosed aged 54.

Mirror Online – [How do you know you have got dementia? A group of people share their experience of diagnosis](#) – Contributions from 7 people, most living with young onset.

BBC Online – [Dementia: Teacher diagnosed at 47 describes daily struggle](#) – Article about mother of two Liz who is living with Posterior Cortical Atrophy.

Huffington Post, Young Voices blog - [My Summer: A Holiday to Be Forgotten](#) - Heart wrenchingly honest account of a son's experience of mum's young onset dementia.

Joy Watson of Eccles wins PM's [Points of Light award](#)

From USA

[Living well with dementia](#) – **Mary Beth Wighton**, 49, talks about her life with young onset and says, 'I've made a conscious decision to live well by keeping busy and involved. I have a great life.'

The Arizona Star - [The Hardest Test: Should early Alzheimer's prevent marriage, children?](#) - Article from about familial Alzheimer's.

Online

[Give a toss for Huntington's](#) – a powerful short film created as part of an HD awareness campaign about Jackie's family, three generations of which have been affected by HD.

Kate Swaffer, diagnosed aged 49, talks about the importance of [Planning Ahead](#).

Training

Dementia Pathfinders, [Approaching an Unthinkable Future: Understanding the support needs of people living with young onset dementia](#). Courses in April and June.

Future Learn - [The Many Faces of Dementia](#) – free online course, starts on 14 March.

Future Learn – [Understanding & managing challenging behaviour](#) – free online course, starts 9 May.