Peer Support Group for younger people affected by dementia

Peer support group for people affected by dementia under 70 years of age and their relatives, friends or carers.

Our friendly group meets for one coffee morning and one trip per month. An opportunity to have a chat and share experiences with one another.

Please see the programme on the following pages for dates and venues

If you are interested in attending or would like more information please get in touch

T: 03001231916  E: Dorset@alzheimers.org.uk

We look forward to seeing you!
Programme
January – March 2018
10.30am – 12noon*

*Any changes to times are listed in bold font next to the particular trip

Wednesday 10th January
The Engine Room, Poundbury Garden Centre, Peverell Ave, Dorchester, DT1 3RT
(Coffee, cake and chat)

Wednesday 24th January
Stuart Wiltshire Glass
18 Saint Nicholas Street, Weymouth, DT4 8AA.
A glass blowing demonstration followed by coffee and cake at local café afterwards - TBC
(Admission FREE. Parking available in Britannia car park, Commercial Road, DT4 8LY. Blue badge holders may find parking space on double yellow lines on St Nicholas St.)

Wednesday 14th February
The Engine Room, Poundbury Garden Centre, Peverell Ave, Dorchester, DT1 3RT
(Coffee, cake and chat)

Wednesday 28th February
Lino Printing with Sam *10.45-12.45
The Quiet Space, Woodlands Crescent, DT1 3RQ, opposite Poundbury Garden Centre car park, next to the overflow car park!
(Coffee and cake followed by a lino printing session. Price TBC)

Wednesday 14th March
The Engine Room, Poundbury Garden Centre, Peverell Ave, Dorchester, DT1 3RT
(Coffee, cake and chat. Plus visit from Shanti and Ben from Bournemouth University)

Wednesday 28th March
Graffiti Art Workshop
The Gamekeeper, 16 North Street, Charminster, DT2 9QZ
(Graffiti art workshop exploring the theme of identity with a team from Bournemouth University. Plenty of breaks for coffee, cake and chat. Lunch will also be provided.)