

Younger People with Dementia Team

South of Tyne

Patient Information Leaflet

Shining a light on the future



Introduction

This leaflet provides you with useful information about the service. If you are not sure about anything in this leaflet please ask a member of staff.

What is the Younger People with Dementia Team?

The team is a community based service for the diagnosis and management of dementia for people under 65, although we occasionally accept patients over 65. We are based at Monkwearmouth Hospital, Newcastle Road, Sunderland, although people are usually seen in their own homes.

The team is made up of Registered Mental Health Nurses, Community Support Worker and a Registered Social Worker (for Sunderland area only). We work closely with a Consultant Psychiatrist and we will refer on for Clinical Psychologist, Occupational Therapist and Physiotherapist support when needed.

Why have I been referred to the Younger People with Dementia Team?

You have been referred to the team as your GP has requested our involvement if you have talked to them about experiencing difficulty with your memory.

The support of the Younger People with Dementia Team may be long term dependent upon your needs.

What will happen?

Members of the Team will visit you in your own home. We will contact you to make arrangements which are convenient for you and your family.

How will the Team help?

The Team offers a specialist service and can support you and your family or carer with;

- diagnosis
- information about treatment
- medication
- therapies and support services.

We have experience in providing appropriate support and treatment for younger people with dementia. We also have knowledge of a wide range of services available throughout Sunderland and South Tyneside. All members of the team have different roles and expertise. You will see the person best able to assist you which may be one or all members of the team.

How long will I attend the service?

This depends upon your personal needs; we will stay involved as long as needed even if you are over the age of 65. The team will discuss this with you.

Training and research

Students and trainees may be present during appointments; we will ask your permission first.

We may also ask if you would like to be involved in studies to benefit people with memory complaints. Researchers would meet with you to seek your permission and to explain a study in more detail. You may be able to access medication trials if you wish to be

involved in research. No research activity will be undertaken without your knowledge and consent. If you do not wish to be involved in or hear about research, your care will not be affected in any way.

Confidentiality and Data Protection

We have a duty to keep information about you confidential. We make sure that we only share it with others who are involved in providing care for you. All information is stored securely. Information about your care will be shared with your GP and other Health or Social Care professionals. You are entitled to receive copies of these letters.

How to find us

Monkwearmouth Hospital is situated on Newcastle Road in the Monkwearmouth area of Sunderland.

Transport is not routinely available but may be arranged in exceptional circumstances. Please contact us to discuss further.

There are limited disabled parking and pay and display spaces available near to the entrance. Parking can be difficult.

Interpreters

Staff can arrange an interpreter if you need one.

Travel information

Contact Nexus Traveline Tel: 0871 200 22 33 Website: www.traveline.info/

What if I have a comment, suggestion, compliment or complaint about the service?

If you want to make a comment, suggestion, compliment or complaint you can:

- talk to the people directly involved in your care
- complete a feedback card, available on wards. Some areas of the Trust have electronic feedback touch screens, staff can help you to use these. Your feedback allows us to monitor the quality of our services and act upon issues that you or your carers bring to our attention.
- ask a member of staff for a feedback form, or complete on the Trust website www.ntw.nhs.uk (click on the 'Contact Us' tab)
- telephone the Complaints Department Tel: 0191 245 6679

Contact information

Younger People with Dementia Team
Monkwearmouth Hospital
Newcastle Road
Sunderland
SR5 1NB
Tel: 0191 566 5460

Monday to Friday, 9am - 5pm. Closed on bank holidays.

Useful contacts

- **Age UK**

Provide information, advice and advocacy services; day centres and lunch clubs; home help and 'handyperson' schemes; and IT and other training.

- Age UK (South Tyneside) Tel: 0191 456 6903
29 Beach Road, South Shields, NE33 2QU

- Age UK (Sunderland) Tel: 0191 514 1131
The Bradbury Centre, Stockton Road, Sunderland, SR2 7AQ

Or call the national information line where trained operators will advise you on where to find the help or the information you need – 0800 169 65 65; email www.ageuk.org.uk

- **Alzheimer's Society Helpline - 0300 222 1122**

Information, support, guidance and signposting to other appropriate organisations.
Open Monday – Friday, 9am – 5pm and Saturday and Sunday, 10am – 4pm

- **Alzheimer's Society, Sunderland**

The Princess of Wales Centre
Havelock Hospital
Hylton Road
Sunderland, SR4 9AG

Telephone: 0191 564 0890

Befriending service, carer support group, day care, lunch clubs, information and advice.

- **Alzheimer's Society, South Shields**

3rd Floor, Edinburgh Buildings
2 Station Approach
South Shields, NE33 1HR
Telephone: 0191 427 5443

Carers group, day care, memory support group, one to one support, information and advice.

- **Carers Association in South Tyneside (CAST)**

1 Beach Road
South Shields, NE35 2QA
Telephone: 0191 454 3346

Support for adult and young carers. Sitting service, management and planning, carers forum and newsletter, short breaks and befriending.

- **Sunderland Carers Centre**

Thompson Park
Thompson Road
Sunderland, SR5 1SF
Telephone: 0191 549 3768

Confidential advice, information and support service to carers.

- **Patient Advice and Liaison Service (PALS) – South of Tyne**

Freephone 0800 328 4397 or 0191 566 7074

PALS provide confidential advice, support and information on health-related matters to patients, families and carers.



Further information about the content or production of this leaflet can be obtained from the Patient Information Centre.

This information can be made available in a range of formats on request (eg Braille, audio, large print, BSL, easy read or other languages). Please contact the Patient Information Centre Tel: 0191 223 2545

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