

This is an email from the Young Dementia Network sharing Network related news and information.



The new year brings some changes

As we start the new year, we wanted to make you aware of a change at the Young Dementia Network.

As you will know, the Network is a YoungDementia UK initiative. The charity has recently reviewed its activity and has restructured in order to best use its resources effectively. We have decided to focus our work much more on the Young Dementia Network which we believe has great potential for change at a national level.

YoungDementia UK's National Development Manager role, occupied for the last 2.5 years by Donna Chadwick, will be changing and sadly in January, we said goodbye to Donna. She has worked very hard developing and promoting the Network and we wish her well for the future.

As we look to 2020 and beyond, the team at YoungDementia UK will be working with you to strengthen the Network and achieve greater impact together. We hope with your support and continued collaboration, the Network will go from strength to strength in 2020.



Our young onset ID cards are now available to all

Last year, we ran a pilot project to trial young onset dementia ID cards which we designed in collaboration with our members. One card was created for a person living with young onset, the other for family members and supporters to use when out and about.

We received excellent feedback from the people who trialed the cards, telling us they used them in places like shops, cinemas and on public transport. They told us the good thing about the cards was, 'being able to ask for help discreetly', 'knowing it's there if needed', 'it fits in a wallet'

and 'they are simple and clear.'

We delighted to announce that we can now make these cards available to all. If you would like a card for yourself, your group or service members, please email network@youngdementiauk.org and let us know whether you'd like the cards for people with dementia, or the cards for supporters, or both, and the quantity you require.

Alternatively you can download and print your own copies [here](#).



Young Dementia 2020 - we'd love to hear your ideas

Every other year, for the last six years, YoungDementia UK has partnered with the Journal of Dementia Care to put together a conference focussing on young onset dementia. Plans are underway for another conference this September. The Network will be leading the conference and so we'd love to have input from our members.

Is there a particular topic you would like the conference to feature or focus on? Would you, or a group or service you are part of, like to speak or run a workshop? Do you have a film or other creative piece we could share?

If you have any thoughts or ideas about content for the conference programme, or would like to put yourself forward as a potential contributor on the day, please drop us an email network@youngdementiauk.org by Friday 14 February.



Our Personal Checklist gets high level endorsement

Last year, the Young Dementia Network created and made freely available a Personal Checklist. We created it in collaboration with Network member Des O'Sullivan who is living with dementia who told us how useful it would have been to have a document to record the signs and symptoms he experienced, and to help him discuss them with his GP.

So with Des's help, we created the Personal Checklist and we're delighted to announce that it has been endorsed by Alzheimer's Research UK and Dementia UK.

You can download copies of the new version of the Personal Checklist [here](#), or if you'd like us to post you a copy, please email network@youngdementiauk.org

Other resources created by the Young Dementia Network

Over the last couple of years, with the help and input of our members, we have created a number of resources intended for use by [people affected by young onset](#), [memory clinics](#), [GPs](#) and [GP surgeries](#) and [dementia support workers](#).

We have shared details of each resource as they have been created, but we want to make sure that all our members are aware of them. If you'd like to find out more about the young onset resources created by the Network and download copies, please visit this section of our [website](#).

Can you help these Network members?

The Network is a great supporter of dementia-related academic research, we even have a workstream that focusses specifically on young onset dementia research.

Two of our members would like your help. Sarah Noakes is doing doctoral research project which is investigating the experiences of being diagnosed with young onset dementia and personal growth via an online questionnaire and a 45-minute face to face interview. Find out more [here](#) or download her poster [here](#).

And Wendy Mitchell asked us to share Professor Esme Monica Cook's survey around the language used to describe certain behaviours. The survey is titled: 'Changes in behaviour associated with dementia – what do people with dementia and carers think about the language used?' Click [here](#) for more information.

Your help sharing these research studies via your own networks would be much appreciated.

The logo for YoungDementiaUK, featuring the word 'Young' in a blue script font and 'DementiaUK' in a blue sans-serif font, with three small stars (two yellow, one blue) above the 'UK'.

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