

This is an email from the Young Dementia Network sharing Network related news and information.



Thank you for your feedback

Over the past two months we have been asking Network members via a survey and phone conversations, to tell us what works, what may require more attention and what they would like to see from the Network in the future.

We have had a fantastic response with 181 of you filling in the survey! Over the coming months we will be reading through the data and will publish the results in a forthcoming Network News.

Thank you again for helping to shape and develop the Young Dementia Network.

Best wishes

Donna
National Development Manager

Dementia Action Week

21- 27 May was Dementia Action Week and the Network was very busy

We had stands at six different conferences where our [Clinic Leaflet](#), [GP Guide](#) and [young onset dementia Care Pathway](#) were available.



Network steering group members [Donna Chadwick](#) and [Keith Oliver](#) (pictured) delivered a presentation about the

Young Dementia Network at the Alzheimer's Society Annual Conference, along with [Prof Jan Oyebode](#) who talked about [The Angela Project](#). The conference was well attended with over 600 attendees.

The Network delivered workshops and presentations alongside Network members across Derbyshire, reaching nearly 300 hospital and health and social care staff.

During Dementia Action Week we gained 70 new Network members, bringing our current total to 1645. Our goal is to reach 2000 members by our second anniversary at the end of September, so please encourage your friends, family and colleagues to join. All they need to do is complete this short form - www.youngdementiauk.org/sign-our-mailing-list

young dementia annual conference 2018

YoungDementiaUK
DementiaCare

Young Dementia 2018 Conference

Achieving improvements in Young Onset Dementia Support - positive, personal and practical initiatives

On 20 September 2018, the Journal of Dementia Care in association with YoungDementia UK will be hosting a conference focussing entirely on young onset dementia.

Taking place in Birmingham, full ticket and details of the CPD certified programme that members from the Young Dementia Network have contributed to, can be accessed via this [link](#).



Our first ever Research Event

On 21 June we held our first Research Event that brought together nearly 50 researchers and people affected by young onset dementia.

Attendees travelled to London from all over the UK to discuss what research

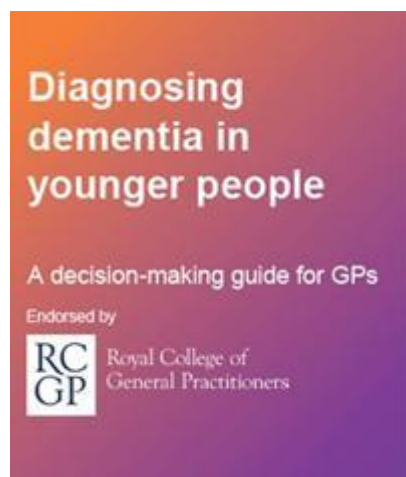
is required in the field of young onset dementia, where the focus should be and how to develop projects. Topics that emerged were

- * Children and young people
- * Families
- * Employment
- * End of Life
- * Technology
- * Education

Researchers said that the best part of the day was hearing from people affected by young onset dementia.

Thank you to everyone who was involved in the day. Special thanks to the Alzheimer's Society, Alzheimer's Research UK, Dementia UK, The Good Care Group, University of Northampton, YoungDementia UK and Younger People With Dementia (Berkshire) CIO for their support.

For more information about young onset dementia research, please visit our research area [here](#).



GP Decision-Making Guide reaches 12,000 surgeries

Since the launch of the [GP Decision-Making Guide](#) in January, we have had a very positive response. In the first three months, almost **900 copies of the guide were requested in over 20 different areas across the UK.**

The Guide aims to highlight red flags around the possible symptoms of young onset dementia and may aid the GPs decision to refer a younger person

onto a memory service.

Thanks to Network steering group member [Laura Phipps](#) and her colleague Claire Lucas at Alzheimer's Research UK, we were able to include the guide in an Alzheimer's Research UK mail out to 12,000 GP surgeries.

In the following weeks we have received requests from 18 areas asking for nearly 500 copies of the guide so that GPs and health professionals within their surgeries can have their own copies.

This is a real achievement for the Network but the work continues.

To order hard copies of the GP Guide please contact network@youngdementiauk.org

If you would like to order copies of Alzheimer's Research UK's 'Quick guide to Dementia', available in seven different languages, then please contact their team on 0300 111 5555 or email enquiries@alzheimersresearchuk.org. You can also view the publication online [here](#).

National Institute for Health and Care Excellence (NICE) Guidelines

The updated NICE Guidelines for Dementia: assessment, management and support for people living with dementia and their carers, are now on the NICE website

Although the guidelines do not include as much as we would like about young onset dementia, they do make reference to the need to make services accessible for those with children and also include age in their information about [person centred care](#).

To read the full document you can do so [here](#).

Over £5850 raised for the Young Dementia Network

A few months ago we told you about [Dominique Kent](#) who was training to run the London Marathon for us.

Dominique is the COO of The Good Care Group and chairs the Young Dementia Network's Understanding & Awareness workstream. She wanted to raise money to help us to develop new projects and reach more people.



Dominique has raised a fantastic £5851.88 and we just want to say a huge thank you and well done from everyone at the Young Dementia Network!

Photo - Dominique Kent, right; Donna Chadwick, National Development Manager, YoungDementia UK, left



Free three day course for people living with dementia and their family members - only a few places remaining

Dementia Carers Count (formerly The Royal Surgical Aid Society) is delivering a new pilot course called 'Me, You, Dementia Too'

This course is a joint one to which the family carer attends alongside the person living with dementia. It is free of charge and will be held at Chiseldon House Hotel, Swindon on Saturday 28- Monday 30 July. The course aims to provide a safe place to talk about dementia, look at different ways of managing, to build resilience and meet other families.

For further details or to book onto the course please contact Hazel May at hazel.may@dementiacarers.org.uk

Young onset research paper review

In each issue of Young Dementia Network News, we share a review of a young onset related research article. This article titled, 'Association between systolic blood pressure and dementia in the Whitehall II cohort study: role of age, duration, and threshold used to define hypertension', has been reviewed by [Dr Hilda Hayo](#). You can read her review [here](#).

[Wendy Mitchell](#) who is living with young onset dementia, said about the piece,

'Snippets of news often serves to scaremonger the worried well without any actual facts to back up the headlines. Whilst an interesting subject, which has been discussed for many years and is nothing new, I believe this study demonstrates quite clearly that research such as this should be carried out over a long period of time, to discover if a connection exists between a person's lifestyle choices and health profile throughout their life to the risk of the development of dementia in later life.'

'Nothing conclusive appears to have been demonstrated. Although, high blood pressure is quite clearly an issue for many conditions, to highlight the fact to the general public can only be a good thing.'

You can find the original research article by Abell, J.G., Kivimaki, M., Dugravot, A., Tabak, A.G., Fayosse, A., Shipley, M., Sabia, S & Singh-Manoux, A [here](#).



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