

This is an email from the Young Dementia Network sharing Network and young onset dementia related news and information.



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## Building links, collaborating and learning from each other

**Summer turns to autumn - the seasons change and mark a prolonged period of us all living with the uncertainties of Covid-19.**

Within the Network we are holding fast to our aim of improving the support for and with people affected by young onset dementia. Come what may. And one way to do this is by building links with each other, listening to and learning from each other and pooling our resources, energies and knowledge.

An emerging expression of this is One Dementia Voice, the collaboration of national dementia charities and groups - a positive force for good. We are keen to be a conduit for the young onset dementia perspective. We will keep in touch with you on this.

Then too, for now, we are inviting you to tea (or refreshment of your choice!). We are launching a series of webinars on topics that people with young onset say matter most to them. More details below.

Always we want to hear and share how you are adapting your lives or your services to cope with Covid-19. Do let us know.

**Tessa Gutteridge, Director YoungDementia UK, Chair Young Dementia Network**

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Join us with a cuppa for a series of **FREE**  
young onset dementia webinars  
led by members of the  
**Young Dementia Network**



**We are excited to announce a monthly series of FREE young onset dementia related webinars, to be led by members of the Young Dementia Network.**

They aim to bring together Network members, people living with young onset dementia, family members, professionals working in the field and all those interested in young onset dementia to create an opportunity to connect, support and inform each other.

Join us with a cuppa for our first webinar - Adaptabili-tea - Adapting to life after a diagnosis on Wednesday 21 October at 2.30-3.30pm. The Zoom webinar will provide an opportunity for people to learn and discover the different ways that people manage, cope and come to terms with a diagnosis of young onset dementia. Find out more [here](#) or sign up [here](#)..

This will be followed by Sensitivi-tea - What matters most during diagnosis on Wednesday 18 November, click [here](#) for more information and Festivi-tea - Hints and tips for the festive season on Wednesday 16 December, find out more [here](#).



## Often heard, seldom listened to

**Young Dementia Network steering group member, Keith Oliver, recently spoke to the group about his views on why younger people who are living with dementia are, 'Often heard, seldom listened to.'**

Keith feels this is because there is a stereotypical image of people with dementia which people like him do not fit and younger people can be considered too challenging in what they do, think and say.

What can be done to change this? Read Keith's thoughts in full [here](#).

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## Young Dementia Care Pathway updated for 2020

**The Young Dementia Network steering group has recently updated and re-issued their Young Dementia Care Pathway. The pathway brings together the experience and expertise of people affected by young onset dementia and the people who work with and support them.**

It includes a set of recommendations designed to guide policy makers, commissioners and practitioners in designing and delivering services and more importantly, to empower younger people with dementia and their families to demand the services to meet their needs.

Download a copy [here](#) or request a paper copy [here](#). And here's a resource that complements the Pathway - [Good Practice in Young Onset Dementia](#).

You can view other Young Dementia Network resources [here](#).

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## Share your experience of employment and dementia with Network member Martin Robertson

**Martin Robertson from Scotland has young onset Posterior Cortical Atrophy. He is a passionate dementia campaigner and is currently writing a booklet about working after a diagnosis of dementia, in either a paid or unpaid capacity.**

He is very keen to share the experiences of people with dementia around employment and to connect with any employers who have enabled someone with a diagnosis to remain in work. If you have a story you would like to share, please contact Martin via email [mdrobertson\\_uk@yahoo.com](mailto:mdrobertson_uk@yahoo.com)

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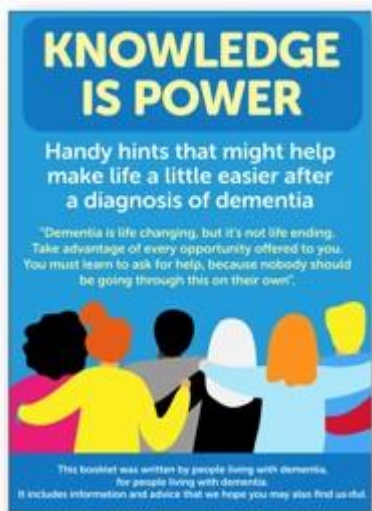


## Survey opportunity for family members

**Carers organisation and Network members tide are undertaking a piece of research looking specifically at the difficulties and challenges faced by family members / carers of people with young onset dementia.**

Complete their anonymous survey via this [link](#).

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## Helpful hints and tips from the DEEP network

Network members DEEP have recently published a new booklet - Knowledge is Power - Handy hints that might help make life a little easier after diagnosis.

Created in a collaboration between groups in the DEEP network – Caban Bangor University Educators, DEEP United Dwyfor & Meirionnydd and Fuse and Muse in Swansea - the booklet is available in English and Welsh via this [link](#).



## UK Dementia Congress goes virtual

The 15th UK Dementia Congress is going ahead on 10-12 November 2020 as an all-new virtual conference.

The programme includes a session on Young dementia diagnosis and support featuring

- Best practice in diagnosis for young onset dementia
- Positive post-diagnostic support for Young Onset Dementia: Findings and evidence-based resources from The Angela Project
- Exploring financial impact and affordability of care
- Experiences of diagnosis and support services

For programme information or to book your place, click [here](#). They are offering FREE places to people living with dementia and family or informal carers. Contact [events@investorpublishing.co.uk](mailto:events@investorpublishing.co.uk) for further information.

## Research study for partners of people living with young onset

**Kelly Mtonga is a masters student at Leeds Beckett University studying occupational therapy. She is currently undertaking a research project that explores the effects of being a partner / significant other of an individual with young onset dementia (20-60 years old) and how it affects your engagement and participation in activities you enjoy.**

Kelly will conduct the research via a 30-60 minute Skype interview or equivalent. Find out more [here](#) or email [K.Mtonga6464@student.leedsbeckett.ac.uk](mailto:K.Mtonga6464@student.leedsbeckett.ac.uk)



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