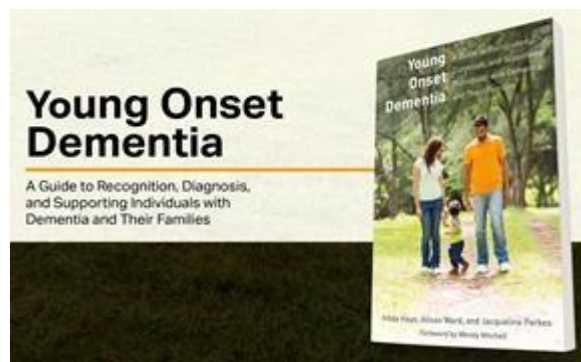


This is an email from YoungDementia UK sharing information about young onset dementia.

YoungDementia news

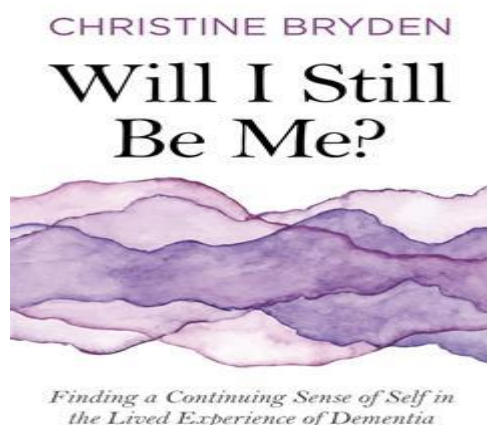
FREE Young Onset Dementia book giveaway!

[Young Onset Dementia](#) by Hilda Hayo, Jacqueline Parkes and Alison Ward provides key information and insight into the experiences of people living with a diagnosis of young onset dementia.



The book aims to increase the knowledge and skills of health and social care professionals in the early recognition, diagnosis and support of young people with dementia and their families.

Thanks to **Jessica Kingsley Publishers** we have **three copies of this excellent book worth £16.99 each to giveaway!** If you'd like to be entered in the draw to win a copy of the book, send us an [email](#) including your full name and address by the closing date of 31 August 2018. The three lucky winners will be notified week commencing 3 September 2018.



23 years after her dementia diagnosis aged 46, Christine Bryden has written her fourth book

[Will I Still Be Me?](#) Finding a Continuing Sense of Self in the Lived Experience of Dementia by Christine Bryden will be published on 21 August 2018. It is currently available to pre-order on [Amazon](#).

Christine Bryden was diagnosed with dementia in 1995, but her experiences do not reflect the mainstream discourse of loss of self while living with dementia. In her book she explains why people with dementia have a meaningful and continuing sense of self and calls for a different understanding of dementia that results in greater inclusion.

Read more from Christine in this article written specially for the YoungDementia UK website, click [here](#).

young dementia annual conference 2018

YoungDementia+
DementiaCare

Have you bought your tickets for Young Dementia 2018?

On Thursday 20 September 2018, the Journal of Dementia Care will be hosting a one-day conference focussing on young onset dementia in association with YoungDementia UK.

Taking place in Birmingham, the conference title is 'Achieving improvements in Young Onset Dementia Support - Positive, personal and practical initiatives and solutions'. The day promises engaging and informative speakers with both personal and professional experience on a range of topics relating to young onset support.

The event will include a **Creative Space** showcasing the creativity of people with young onset dementia. If you would like to consider submitting a piece of creative work (or a photo of it) for this exhibition, please email [Anna Eden](#).

The CPD certified programme is now available and tickets are on sale. Find out more [here](#).



Picking Away by Robert Perry

Robert's mum was diagnosed with frontotemporal dementia in 2011 at the age of 52.

Robert looked after his mum for two years and has created a book about their experience using a collection of blog posts he wrote at the time covering diagnosis, daily care and his mum's final days.

You can download it [here](#).

New young onset dementia blogger is determined to keep things positive

Jane's husband was diagnosed with dementia in 2017 at the age of 58. She started writing a blog called [Memory For Two](#) to try to focus on the positive aspects of living a life affected by dementia.

She hopes that in turn it will keep her focused on the positive aspects of their life together. Her blog is always an interesting read, packed full of stories about their daily life as well as the hints and tips she is picking up as she goes along.

We list other blogs written both by people living with young onset and family members on our website [here](#).



Dementia & the arts - FREE online course

Creating a society that supports and includes people who are living with a dementia is a major challenge - and opportunity.

In this free, online course from [Created Out of Mind](#) you will discover how the arts can create a common ground between people, and in doing so, learn what we can all do to improve the quality of life and care for people living with different dementias. The course launches on **10 September 2018**, you can [sign up here](#).

Created Out Of Mind Short Film Festival 2018

Submissions are now open to be part of the Created Out Of Mind short film festival on 23 September, aiming to explore, challenge and shape perceptions of dementias.



They welcome all films that explore stories of dementia from a range of unique and diverse perspectives; this could include documentaries, animation, biographical, dramatic and experimental films. Find out more [here](#). Get your tickets for the festival [here](#).



Celebrating 20 years - YoungDementia UK's annual review is now available

We are pleased to share with you our [annual summary](#) of YoungDementia UK's recent activities, achievements and plans – this year is a special one as we are marking our 20th anniversary.

Over 1300 people in Oxfordshire have been supported during that time; and in the last year, our national activity has increased substantially and the [Young Dementia Network](#) is beginning to have a real impact.

We are so grateful for the generosity of those who have helped us in so many ways over the last 20 years. Your support plays a vital part in enabling us to make a difference to the lives of people with young onset dementia, both nationally and through face to face support in Oxfordshire.

Download your copy of Celebrating 20 years [here](#).



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