This is an email from YoungDementia UK sharing information about young onset dementia.

**Exciting part-time job opportunity for a person living with dementia**

Chelsea Court Place is a home away from home in the heart of Chelsea. It offers residential and 24-hour nursing care for up to 15 residents. They are looking to give someone living with dementia the opportunity to join their passionate team.

They are offering a paid part-time position of general assistant for one day a week within the Chelsea Court Place community. They have intentionally left the role open to numerous sections of the home so that they can offer maximum flexibility in creating a role ideal for the individual. No experience is required but a DBS check will be carried out.

To find out more, please email Matthew Dodge matt.dodge@innovative-agedcare.com

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**Free three-day courses for family members affected by young onset dementia**

Dementia Carers Count is running two FREE three-day residential dementia carers support courses for the family members / carers of people living with young onset dementia.

These highly regarded courses are taking place in Swindon in March and Edgbaston in June. Find out more on their website here or an article about the courses here.

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**Share your story...**

Whether you have young onset dementia yourself or you support someone who is living with it, your story and experiences can inspire and reassure others in a similar situation.
Personal stories like Carol and Ken’s and Peter’s below also help people who are not familiar with young onset dementia to understand more about the condition.

If you are interested in sharing your story with others, please contact Kate Fallows, Communications Coordinator via email katefallows@youngdementiauk.org

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Carol and Ken's story

Carol and Ken have been together for 21 happy years. Gradually, over a period of time, Carol started to forget dates and birthdays and lost her interest in, and ability to do, things she loved like tapestry, gardening and baking.

In 2016, Carol was diagnosed with young onset frontotemporal dementia. Ken has decided to share their story in the hope it raises awareness of the issues they have faced since her diagnosis and how it has affected them both. Read their story here.

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Frontotemporal Dementia Annual Seminar - 22 March

This annual seminar is an all-day event where people living with frontotemporal dementia, their family members and professionals come together to share their experiences.

Taking place in London on 22 March 2019, 9.00am-4.00pm, there will be talks from experts in the field. Find out more here.

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Peter’s story

Peter is 61-years old. He played football for Manchester United’s youth team before becoming a boxer, kick-boxer and champion arm wrestler.

At the age of 59, Peter developed worrying symptoms such as short-term memory issues, confusion and agitation. He was diagnosed with dementia pugilistica - a variant of Chronic Traumatic
Encephalopathy - a condition Peter is convinced was caused by repeated blows to his head whilst boxing.

Peter and his family are campaigning to raise awareness of dementia pugilistica and the need for more research and support. Read their story in full here.

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The Drake Foundation

Established in 2014, The Drake Foundation is a not-for-profit organisation committed to improving the understanding of concussion in sports and its effects on long-term brain health.

Much of their work to-date has focussed on not only improving sports safety, but also gaining an insight into the processes underlying neurodegenerative diseases, including dementia. Their investigation focus spans from current players to retired football and rugby players over the age of 50.

Find out more about their work here.

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DEEP’s Rachel Niblock is skydiving for us!

This March, Rachel Niblock from DEEP will be jumping out of a plane at over 10,000 feet to raise money and awareness for YoungDementia UK.

Rachel says, 'I have worked with members of the YoungDementia UK family over a few years now and I guess without conscious thinking I just wanted to do something big for them.’

You can read more about Rachel's skydive and sponsor her here.

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Peer support group in Mitcham, Surrey

The Merton Dementia Hub would like you to know more about their peer support group for people aged under 65. It provides a safe and supportive environment for people with young onset dementia and their family members and carers to share personal experiences of dementia with others who are in a similar situation.
It also provides an opportunity to share and receive practical support and information about living with young onset dementia. The group meets on the first Thursday of each month.

For more information about the group click [here](#) or contact 020 8687 0922 or email [Merton@alzheimers.org.uk](mailto:Merton@alzheimers.org.uk)

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**Congratulations to our December book giveaway winners**

Our December newsletter featured an opportunity to win a copy of *Dementia from the Inside*, by Dr Jennifer Bute. We are delighted to announce the winners were Sandra Conduit and Claire Leebrook.

If you weren't lucky enough to win a free copy of Jennifer's excellent book, you can purchase a copy via this [link](#).

We hope to be able to give away more young onset-related books in future newsletters.