Living with young onset dementia - a new film from the FT

Tracey Shorthouse was diagnosed with Posterior Cortical Atrophy in her mid-forties whilst working as a nurse in Kent.

Following an introduction from YoungDementia UK, Tracey agreed to be filmed by the Financial Times as part of a special feature on dementia. In the resulting short film, Tracey shares her experiences since her diagnosis with her usual positivity. You can watch the film here.

Young Dementia 2019 - tickets on sale now

The Journal of Dementia Care is delighted to announce that their Young Dementia Annual Conference is returning on Wednesday 20 November 2019 at St Giles Hotel, London.

In association with the Division of Psychiatry, University College London (UCL), the theme will be ‘Towards equity and excellence in clinical support’. Their one-day conference is an essential update for clinical staff, researchers and all those interested in young onset dementia. You can find out more and book tickets here.
The 'D' Word, a new radio show about dementia

An exciting new radio show has gone on air thanks to presenter Pete Hill, who thinks his new show The ‘D’ Word is the UK’s only weekly internet radio show that has dementia as its focus.

After two years working for the Alzheimer’s Society, Pete decided to put his experience of dementia together with his lifelong love of radio and the idea for a new radio show was born.

The programme looks at a different aspect of dementia every episode. Pete's long-term aim is to take a backseat and let people living with dementia and their family members / carers take over presenting the programme.

You can listen to The ‘D’ Word here or if you are interested in taking part, or just want to find out more about the show, you can e-mail Pete at TDWRadio@gmail.com. A longer version of this article is available here.

Leaving Alzheimer’s Behind - a new film featuring Peter Berry

Leaving Alzheimer's Behind is a wonderful seven minute-long film about Peter Berry who was diagnosed with dementia at the age of 50.

He talks honestly about how he felt after his diagnosis and why he became determined to face dementia with positivity. An avid cyclist, Peter has taken on two long-distance cycling challenges to raise funds for YoungDementia UK. You can watch Leaving Alzheimer's Behind here.

This video was produced by www.beingpatient.com

New young onset groups / services across the country

Bi-monthly young onset carers group, Poole, Dorset - giving an opportunity to join in discussion and exchange of experience over tea and biscuits with a member of the Community Mental Health Team. The next meeting will take place at the Haymoor Day Hospital in the grounds of Alderney Hospital, Poole on Saturday 7 September 2019, 2pm to 4pm. Covers all of Dorset. Tel 01202 705568

Botton Village Dementia Support, Danby, Whitby - offer a range of dementia support initiatives including a weekly walking group, social farm and dementia-friendly cinema. Transport and taster sessions can be arranged.Tel 01287 661208 or email dementiasupport.botton@cvt.org.uk
Init Together, St Helens - a new young onset dementia group run with the support of Saints RLFC. Meets at the Totally Wicked stadium in St Helens, once a fortnight on a Wednesday for a social get-together. Tel 01744 646833

In The Same Boat, Wigan - takes place on the 1st and 3rd Thursday of the month, between 3.00-5.00pm at Central Park, Montrose Ave, Wigan, WN5 9XT. Bringing together people with young onset dementia and their families to offer advice, support and access to community activities in Wigan. Run by Wigan Warriors Community Foundation, Wigan Later Life and Memory Service (LLAMS) and the Alzheimer’s Society. Tel 01942 481301

The Centre Club, Worthing, West Sussex - day centre run by the Alzheimer's Society for people with young onset dementia on Stone Lane, Worthing. Open on Tuesdays and Thursdays, 9.30-4.00pm. Tel 01903 262666

Young People With Dementia - Milton Keynes is a group for people under 70, living in Milton Keynes who have dementia. They meet on a regular basis to socialise and do activities. Tel 07927 965573 or email ypwdmk@gmail.com

Young onset dementia group - Norfolk - is a monthly peer support group for people from across Norfolk who are aged under 65; there are also additional social activities and outings. A referral is required and a waiting list is currently in operation. Please contact the Norfolk helpline tel 01603 763556 for information about how to access the group. Tel 01603 763556 or email Cheryl.Day@alzheimers.org.uk

**Young onset dementia news in brief**

Huge congratulations to Wendy Mitchell and Chris Roberts, both leading dementia advocates, living with young onset who have received well-deserved acknowledgement of their tireless work. Wendy has been made a Doctor of the University by Hull University and has been awarded an Honorary degree of Doctor of Health by Bradford University. Whilst Chris has received an Honorary Fellowship for services to research, health and social care from Bangor University.

Policy Clever is a new website which provides health coverage advice for people travelling with pre-existing medical conditions, including dementia. They also have a comparison page that compares policies for people with pre-existing medical conditions for people of all ages - please ignore the over 55 text on the webpage!

Opera North has an upcoming dementia-friendly performance of La bohème on Thursday 24 October, 2.30pm at Leeds Grand Theatre. Find out more and purchase tickets here.

A team of researchers from the University of Hertfordshire, Kingston University and St George's University of London is looking into the financial impact of having a diagnosis of dementia. Find out more or take part in their survey here.

A new draft Dementia and Driving Decision Aid has been developed for drivers with dementia to support them in their decisions on driving retirement. Pennine Care NHS Foundation Trust and the University of Wollongong, Australia would like to invite you to provide your views and opinions on this new resource so that it is relevant and applicable to drivers with dementia residing in the UK. If you would like to provide feedback or view the Dementia and Driving Decision Aid please click on this link.

Lucy McCormack has launched a petition calling for dementia to be seen as a terminal illness so that people aged under 65 are instantly eligible for Personal Independence Payments (PIP). You can show your support for her campaign by signing her petition here.
If you would like us to share details of a new young onset dementia related group, service or event, or anything of interest to the young onset community, please email katefallows@youngdementiauk.org

Remember a Charity Week

This September is Remember a Charity Week. It’s a campaign by over 200 charities to raise awareness of the importance of making a Will. You can find out more about Remember a Charity Week here.

Remember a Charity Week is also a chance to talk about the amazing work that charities like ours can do, thanks to gifts left in Wills. We are very grateful to our supporters who consider remembering us in this way.

YoungDementia UK is on a mission to ensure that no-one faces young onset dementia alone. By leaving a gift in your Will you can be part of that mission beyond your lifetime. Our website has a guide to the different ways you can get started making or amending your Will.

Alzheimer’s Not Just A Memory – giveaway winner

The winner of Alzheimer’s Not Just a Memory in our June newsletter giveaway was Esther Whittlesea Reed.

Angela has written a piece for our website in which she talks with brutal honesty about the challenges her family have faced in the 12 years since her husband was diagnosed with young onset Alzheimer’s disease.

You can order Angela’s book by via email from angelasbook@outlook.com or purchase a copy via Amazon.

Talking Sense book giveaway winners

The winners of the Talking Sense book giveaway in our June newsletter were Pauline Dando, Diane Eadie and Howard Wade.

We apologise for the broken link to the book in our last newsletter. You can download a free copy of Talking Sense here.