The Restaurant That Makes Mistakes – starts today - 12 June

On Wednesday 12 June, Channel 4 is showing the first episode of The Restaurant That Makes Mistakes, a ground-breaking new four-part series featuring 14 people aged 23-67 who are affected by young onset dementia.

The programme participants worked as chefs and front-of-house staff in a pop-up restaurant in Bristol. Four of them have shared their experiences and hopes for the programme with YoungDementia UK.

You can read their stories in this section of our website and watch the programme trailer here.

Des, ‘Living a new life’

YoungDementia UK has recently launched a new short film titled Living a new life. The film features Des O'Sullivan who describes himself as 'living a new life' with young onset dementia.

In the film, Des talks about how he and his family have been affected since his Lewy Body dementia diagnosis aged 60 and how he strives to keep busy, engaged and active, amongst other things volunteering at The Oxford Food Bank.

You can watch Living a new life here. We hope you’ll enjoying watching it; we’d love you to share it with others on social media and at support groups, training sessions and dementia events.
Alzheimer’s Not Just A Memory – the journal of a family member

Mum of two, Angela Hogarth’s husband Derek was diagnosed with young onset Alzheimer’s disease when she was 44.

As a form of therapy, she wrote a book in a journal format which covers eleven years of her life, sharing how Derek’s Alzheimer’s disease affected their family.

Angela says, ‘I think that people going through this journey need to know they’re not alone,’ and has very kindly given us a FREE copy of her book to giveaway. If you would like to put yourself forward to win the book, please email us with your name and address by Friday 28 June.

Alternatively, you can order a copy of Alzheimer’s Not Just a Memory by via email from angelasbook@outlook.com or purchase it via Amazon.

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Talking Sense: Living with sensory changes and dementia

Agnes Houston MBE was diagnosed with young onset dementia in 2006 and discovered there was very little awareness of the sensory changes dementia caused her to experience.

She undertook a decade of research into the subject which has culminated in her writing a book, Talking Sense: Living with sensory changes and dementia.

You can download a free copy here, but we have been given three FREE printed copies to giveaway so if you would like to put yourself forward to receive a copy of the book, please email us with your name and address by Friday 28 June.
New resources available from the Young Dementia Network

The Young Dementia Network has created a Personal checklist, a new downloadable resource that is for anyone who has concerns about signs and symptoms of young onset dementia.

It is not a diagnostic tool but is intended to be used as a checklist which individuals can use to record symptoms they, or a family member or friend, may be experiencing and then, if necessary, use it to aid a discussion with their GP.

The Network has also created a leaflet intended for use in memory clinics and diagnostic services. Find out more here.

If you would like copies of the personal checklist or memory clinic leaflet, please email network@youngdementiauk.org.

Desperately seeking young onset care home information

Our website contains a listing of care homes and residential accommodation that offer age-appropriate services for younger people who are living with dementia.

We would really appreciate your assistance to enable us to add to the listing to help others who are looking for accommodation that is suitable for people aged under 65 across the UK.

If you know of a care home or residential accommodation in your area that provides dedicated young onset services, please email web@youngdementiauk.org with details. Many thanks.

News in brief - young onset groups, survey & resources

If you’re in Sussex, are you aware of Neil’s Café? The young onset group was started 15 years ago by friends of Neil who developed FTD / Pick’s disease around the age of 40. The group meets weekly on Thursdays, 10.00am-4.00pm, alternating between venues in Haywards Heath and Balcombe. They are an active bunch, going on regular days out with friendly and experienced care workers and they would love to have more members join them. Contact coordinator Stephen Barnett on 07769 578891 or email stephen.barnett@crossroadscare-sc.org for more information.

Members of the Beth Johnson Foundation Dementia Advocacy Peer Support Group were asked to develop a ‘comic’ about living well with dementia with Manchester University, funded by Arts Council England. It is great to see the imagery of people with dementia in the comic depicting lots of younger-looking people. You can view the comic here.

Dementia UK has recently launched some new dementia resources for children and young people in film format. One of their films features Denniel, who is 20 years of age and has a mum living with young onset dementia. Click here.
Researchers from the University of Nottingham are hoping to find out what exactly the needs, unmet needs and preferences of younger people living with dementia are. Insights from the study will be used to develop a new research proposal to develop a self-management and peer-support programme for younger people with dementia. If you would like to take part then please visit the link here.

If you enjoyed watching the BBC 1 series Our Dementia Choir with Vicky McClure, you might like to read this piece that one of the participants, Julie Hill, wrote for us about her experience. Click here.

A trainee clinical psychologist at Edinburgh University is conducting research into the 'Psychological health of carers of relatives living with dementia.' Click here to take part or find out more.

If you would like us to share details of a new young onset dementia related group, service or event, or anything of interest to the young onset community, please email katefallows@youngdementiauk.org

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Keith Oliver, Dear Alzheimer’s book giveaway winners

We’re delighted to announce that the winners of the book giveaway in our April newsletter, who have each won copies of Keith Oliver’s book, Dear Alzheimer’s, A diary of living with dementia.

Our winners were Gail Gregory, Maria Souissi and Caron Tardivel. If you missed out, you can purchase a copy of the book here. Keith is generously donating 50% of the proceeds from the book to YoungDementia UK.