

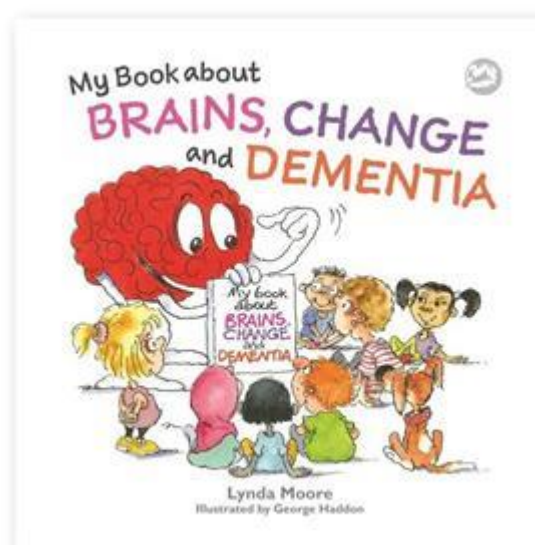
This is an email from YoungDementia UK sharing information about young onset dementia.

# YoungDementia news

## FREE Young Onset Dementia book giveaway!

'My Book about Brains, Change and Dementia' is a newly published book that explains the complex concepts of dementia to children in a direct and age-appropriate way using lovely, colourful illustrations and simple text.

Thanks to **Jessica Kingsley Publishers** we have **three copies of this book worth £10.99 each to giveaway!** If you'd like to be entered in the draw to win a copy of the book, send us an [email](#) including your full name and address by the closing date of 31 October 2018. The three lucky winners will be notified week commencing 5 November 2018.



Click [here](#) to find other books about dementia for children.



## Dementia UK animation - explaining dementia to children

'Let's Talk About Dementia' is a short animation, created by Dementia UK, to help explain dementia to children.

Whilst it's not young onset focused, we think it's an excellent resource. You can watch their film via this [link](#).

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***"I told you I was ill."***

Desmond O'Sullivan

*(After Spike Milligan)*



## Speakers living with dementia shine at Young Dementia 2018

On 20 September 2018, the Journal of Dementia Care and YoungDementia UK hosted a one-day young onset dementia conference.

The conference was titled 'Achieving improvements in Young Onset Dementia Support - Positive, personal and practical initiatives and solutions' and saw seven speakers living with young onset, as well as family members and professionals, sharing their experience on a range of topics relating to young onset support. There was also a **Creative Space** that showcased the creativity of people with young onset dementia.

The speakers slides will be available soon, but in the meantime, we would like to share the wonderful presentation given by [Des O'Sullivan](#) whose humorous speech quoted Spike Milligan's epitaph, 'I told you I was ill!'

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## Opportunity for people living with young onset in the south west

The makers of Channel 4's *Old People's Home for 4 Year Olds* are looking to speak with people who are of working age and living with dementia in the south west region about taking part in an inspiring new documentary series.

They hope to show that a young onset dementia diagnosis does not mean the end of that person's employment prospects. To find out more about this interesting opportunity, click [here](#).

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**FREE course for family members affected by young onset**

**We have heard great feedback about this Dementia Carers Support Course for family members of people living with young onset dementia.**

The next three-day residential course for family members and carers of younger people living with dementia is taking place on 22-24 October in Edgbaston, Birmingham. Thanks to Dementia Carers Count, the course is **FREE**. Find out more [here](#).

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## Some more dementia news in brief

The **Alzheimer's Society** has launched an app called **GameChanger**. They hope the results will help dementia researchers develop new treatments. Find out more [here](#).

The **BBC** has launched a new **music resource** which allows people to browse more than 1,800 songs from the last 100 years and create a playlist of personally meaningful music. Click [here](#).

A 'life-changing' **app** that can track **disabled rail users** in real-time will be rolled out nationwide. Read more [here](#).

**Helen Beaumont's** husband Clive died when he was just 51, having been diagnosed with dementia in his 40s. Their experience led to her becoming one of the founders of The Clive Project, which was later renamed YoungDementia UK. Her research work is now helping **Alzheimer's Research UK** make progress in developing better ways to detect Alzheimer's disease. Find out more [here](#).

National dance company **Rambert** is offering specialised dance sessions on the South Bank in London to energise people living with dementia. The '**Dance for Dementia**' sessions are running from **1 October to 3 December**. Click [here](#) for more information.

The **Many Faces of Dementia** is an excellent **FREE online course starting on 22 October** that covers four less common diagnoses of dementia - familial Alzheimer's disease, behavioural variant frontotemporal dementia, dementia with Lewy bodies and posterior cortical atrophy. Find out more or sign up via this [link](#).

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## Participants sought for young onset dementia / internet use research project

As part of an undergraduate research project, Ellen Benn of the University of Nottingham is looking into the way people with young onset dementia use the internet.

She wants to hear what you have to say. If you are happy to be interviewed (via telephone or Skype call) please get in touch with Ellen urgently so she can give you further

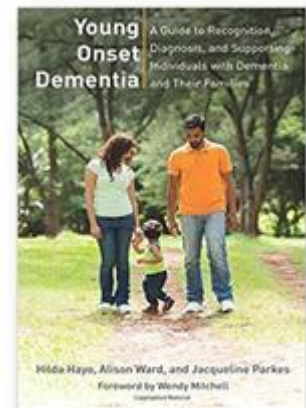
details on the study and organise an interview date as soon as possible. Click [here](#) to view an advert about the project.

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## Congratulations to our August book giveaway winners

Our August newsletter featured an opportunity to win a copy of [Young Onset Dementia](#) by Hilda Hayo, Jacqueline Parkes and Alison Ward.

We are delighted to announce the winners were Natasha Braybrook, Nicola Fishman and Christine Follows. We hope you are enjoying the book and it will help you and your colleagues to better support younger people living with dementia.





## YoungDementia UK Christmas cards on sale now!

These fantastic Christmas cards designed by our Creative Minds group are on sale now via the Unforgettable website.

There are five cards and envelopes in each pack and all the money raised will help us to provide more activities and support for people affected by young onset dementia. Click here to visit the [Unforgettable website](#).



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